



Quarterly Newsletter v2i3



REAL Academy

To provide a REAL opportunity for academic success where the R stands for Relationships!

Home of the KNIGHTS!

<http://realacademy.polk-fl.net/>



John Wilson – Principal

Enrique Gutierrez AP - Dwight Smith Center (DSC) & Gause Academy (GA) 863-413-2823

Shawn Livingston AP - Auburndale Senior (AHS)

863-968-5678 (Office is always open for parents to come in!)

Anel Rivera AP – Davenport Community Center (DCC) 863-419-3043

Academic Adventures

Ask your child if he has GRIT!



- Guts (Give it your all)
- Resilience (Redo if necessary)
- Initiative (Ignore giving up)
- Tenacity (Take time to do it right)!

Title I Information



PARENTS!! We need your input on our PFEP!

Please visit our website: www.realacademy.polk-fl.net to peruse our Parent and Family Engagement Plan (PFEP) for the UPCOMING 2018-2019 School year and send any suggestions you have to the following email: cheryl.watford@polk-fl.net

If you would like to begin receiving information through email, please provide an email address to Cheryl.watford@polk-fl.net

Upcoming Events

Testing Dates

Week of April 9th - READING 4-10

Week of April 16th - MATH 4-8, ALG, GEO

Week of April 23rd - EOC BIO, USH, and CIV, PERT Testing

MAY 1st - 5th and 8th SCIENCE

End of School Year

May 24th - Students Last Day

Student Spotlights

FIRST 'HS GRADUATE' of REAL ACADEMY – **Daniel Wolfe**

Congratulations!!

We wish you the best of luck in your future!



Recently GA students went to the Black Heritage Festival and enjoyed a day of outdoor learning.



Helping Your Child with Test-Taking --

You can be a great help to your child if you will observe these do's and don'ts about tests and testing:

- Do talk to your child about testing. It is helpful for children to understand why schools give tests and to know the different kinds of tests they will take.
- Explain that tests are yardsticks that teachers, schools, school districts, and even states use to measure what and how they teach and how well students are learning what is taught.
- Do encourage your child. Praise her for the things that she does well. If your child feels good about herself, she will do her best on a test. Children who are afraid of failing are more likely to become anxious when taking tests and more likely to make mistakes.
- Do meet with your child's teacher as often as possible to discuss his progress. Ask the teacher to suggest activities for you and your child to do at home to help prepare for tests and to improve your child's understanding of schoolwork.
- Do make sure that your child attends school regularly. Remember, tests reflect children's overall achievement. The more effort and energy your child puts into learning, the more likely it is that he will do well on tests.
- Do help your child avoid test anxiety. It is good for your child to be concerned about taking a test. It is not good for him to develop "test anxiety." Test anxiety is worrying too much about doing well on a test. It can mean disaster for your child. Students with test anxiety can worry about success in school and about their future success. Stress to your child to relax and do the best they can do and believe in yourself.

Reading Corner

From the desk of Mr. Lopez...

Things Good Readers Do

Preview – Look at the cover/Read the title and the summary provided in the back cover

Question – Ask who, what, when, where, why and how

Predict – Wonder about what will happen

Infer – Think about what the details tell you

Connect – Relate the text to your thoughts and feelings

Summarize – Organize the main ideas

Evaluate – Think about what you learned through the reading

Student Spotlights

Bullying Prevention Lessons took place at the DSC location!



DSC has two shining stars we would like to recognize... **Arely Rivera** and **Danaysha Childs**. They work extremely diligently on their math courses. They have both completed 3 semesters of MATH courses and are on track to complete the final 4th semester for their student plans. REAL Academy is proud of both of them and their dedication to achieving their goals. (Sorry no picture to share)

REAL Academy celebrated PI Day (3/14/18) in style. Staff wore special t-shirts and shared lessons of PI, as well as actual PIE!





What is not to 'LIKE'?

- Protecting your privacy on social media
 - Importance of privacy
 - Choosing your audience
- Privacy Do's and Dont's
 - Personalizing your privacy settings
 - Controlling your Apps

To see more information on any of the topics above, please go to www.realacademy.com and select the 'Latest News' section.

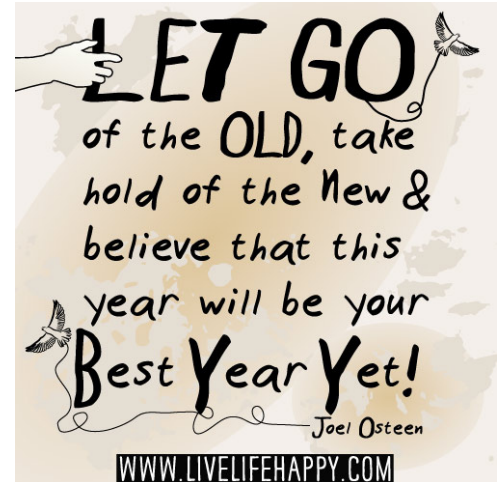
Health and Happiness

Healthy New Year's Resolutions to continue to use throughout the year!

Have you made one yet??

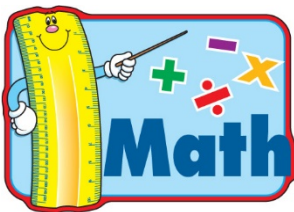
1. Try to eat two servings of fruits and vegetables a day, and save soda only for special occasions.
2. Do your best to take care of your body through physical activity, and eat the right kinds of foods, and the right amount.
3. Limit T.V. and video game time to 1-2 hours per day. Also, choose educational, non-violent ones.
4. Help in your community...Volunteer.
5. Find healthy ways to deal with stress and anger such as exercise, reading, or journaling.
6. Talk to an adult that you trust when faced with difficult choices.
7. If you see a friend being bullied, struggling with life, and making bad choices, talk to a trusted adult to help them out.
8. Make wise choices about whom you date, and treat them with respect.
9. Say no to drugs and alcohol... this includes e-cigarettes.
10. Do not text or use your phone while driving, and always wear your seat belt.

This was paraphrased from healthychildren.org



MATH Minute

HOW TO SUCCEED IN MATH EDGENUITY: (From the desk of Mrs. Lagasse....)



1. Turn off cell phones and put them completely away so as not to be distracted. Learning math takes total concentration to absorb.
2. Work on Edgenuity
 - a. In notebook, write the day, date, learning objective ("Today I will..." be able to state objective when asked,) and the glossary vocabulary

- b. Listen to instruction with headphones or earbuds
- c. Follow along with the instructor taking notes, working examples and assignment problems showing work
3. Set "gutsy goals" with a positive "I can do this" attitude
4. Put the time in and be responsible for your own learning

The 5 Be's

- Be in Attendance
 - Be on task (work on math all 60 minutes)
 - Be respectful to ALL (manners)
- Be prepared (have materials out and ready)
 - Be responsible for your learning



Things to do over the Summer

TEEN SUMMER BUCKET LIST

1. Head to a local theme park and ride the rollercoaster that scares you the most.
2. Visit a local park and hike their most challenging trail.
3. Create your own version of "Chopped" and challenge a friend to a creative cook off.
4. Dedicate yourself to at least 90 minutes of physical activity each day.
5. Create a list of classic movies and see how many you can get through.
6. Try a new sport you haven't played before. Ask friends to join you.
7. Try a new fruit or vegetable each week during the summer. Explore new flavors you haven't tried yet.
8. Try planting your own mini garden. Plant simple vegetables and herbs you can cook with.
9. Go to the library and check out some cookbooks. Try out some new recipes.
10. Head to a local thrift store. Look for an item you can sell on eBay for profit.
11. Do some extra chores to earn cash for something you want or need.
12. Turn an old piece of clothing into something new and fresh.
13. Find a list of the top young adult books for the summer. Try to read at least two.
14. Star gaze at night and look for the various constellations. Or, you can even create your own.
15. Head out in the evening and listen for owls. Bonus points if you can snap a picture of one.
16. Create funny comic skits and record them to share with family and friends.
17. Head to free concerts or outdoor events being offered in your town.
18. Make your own fun summer beverage concoctions using fruit and juice.
19. Download free game apps. These can help keep you busy on rainy days.
20. Make a Pinterest board of crafts for tweens. Try a few each week.
21. Have fun with slime. Look up sparkly slime recipes and give them a try.
22. Volunteer at a local pet shelter. Help walk, feed, and care for the pets.
23. Try making your own kite. Take it for a spin and see how it does.
24. You can also try making your own boat. Take it to a nearby pond and see how it floats.
25. Help babysit a younger friend or family member for some extra spending money.
26. Take the time to get to know a friend. Spend time with them talking about what interests them.
27. Try camping out either at a local campground or in your own backyard.
28. Play a fun game of flashlight tag after the sun goes down.
29. Practice your favorite sport and host a tournament at a local park.
30. Learn a new card game you haven't played before.
31. Host a sleepover with friends complete with video games, movies, and snacks.
32. Keep a journal of your summer and all of your adventures.
33. Keep a sketch book of any cool animals or nature items you encounter during the summer.
34. Try a new look. Whether it be a new hair color or hair cut.
35. Donate clothing you no longer need to charity or sell it to a consignment shop for extra summer cash.
36. Write a thank you letter to your favorite teacher.
37. Watch a cartoon you loved as a child.
38. Offer to walk a neighbor's dog for some extra spending cash.
39. Don't forget to watch local fireworks displays with friends.
40. Enjoy a beach day with friends complete with sand, the sun, and great food.



IN THE
Summer
TIME

This Worthey Life
Be. Travel. Adventure. Make your food. and don't be sorry